Jeffrey P. Tuttle, M.D.

Private Practice, Lexington Center for Psychoanalysis

Volunteer Faculty, University of Kentucky College of Medicine

PERSONAL INFORMATION:

Home Address: 232 Sycamore Rd.

Lexington, KY 40502

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Work Address: 225 Walton Ave. Ste. 100

Lexington, KY 40502

Work Telephone: (859) 537-7332

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E-Mail Address drtuttle@jtuttlemd.com

License: Kentucky, 40860

Date of Birth: November 9, 1976

Place of Birth: Charleston, SC

Citizenship: United States

EDUCATION:

1995 – 1999 University of Kentucky, Lexington, KY B.S. Degree in Physics, Minor in Mathematics

Summa Cum Laude with Honors in the Department

of Physics and the Honors Program

1999 – 2003 University of Kentucky, Lexington, KY

M.D. Degree

2003 – 2007 University of Kentucky, Lexington, KY

Residency in General Adult Psychiatry

2006 – 2007 Chief Resident, Department of Psychiatry

University of Kentucky College of Medicine

2007 Advanced Electroconvulsive Therapy Elective

University of Kentucky College of Medicine

2007 – 2009 Advanced Psychotherapy Program

Cincinnati Psychoanalytic Institute, Cincinnati OH

2009 – Present Psychoanalytic Candidate

Cincinnati Psychoanalytic Institute, Cincinnati OH

BOARD CERTIFICATIONS:

2008 American Board of Psychiatry and Neurology

Board Certified in General Psychiatry

ACADEMIC APPOINTMENTS:

2007 – 2010 Assistant Professor of Medicine

University of Kentucky College of Medicine

Special Title Series, Tenure Track Position

2010 – 2012 Assistant Professor of Medicine

University of Kentucky College of Medicine

Part-time Faculty

2012 – Present Assistant Professor of Medicine

University of Kentucky College of Medicine

Volunteer Faculty

PRIVATE PRACTICE APPOINTMENTS:

2010 – Present Jeffrey Tuttle, MD, PLLC

Private-Practice and Psychotherapy Education

HOSPITAL APPOINTMENTS:

2007 – 2009 Director of Electroconvulsive Therapy Services

University of Kentucky Chandler Medical Center

2007 – 2010 Outpatient Clinician

University of Kentucky, Department of Psychiatry

2007 – 2010 Director of the Psychiatric Consult-liaison Service

University of Kentucky Chandler Medical Center

2007 – Present Associate

Hospital Bioethics Committee

University of Kentucky College of Medicine

TEACHING ACTIVITIES:

2007 – 2008 Internal Medicine Residency Program Didactic

Lectures

University of Kentucky, Department of Internal

Medicine

2007 – 2008 MD 817: Neurosciences

University of Kentucky, College of Medicine

Lectures, 100 students

2006 – 2008 MD 833: Third Year Psychiatry Clerkship

University of Kentucky, College of Medicine

Weekly to monthly lectures and discussion groups,

Eight to 16 students

2008 – 2009 PSC 826: Mechanism of Disease and Treatment in

Psychiatry

University of Kentucky, College of Medicine

Lectures, 100 students

2010 – 2011 Gains Center Fellowship Program Senior Thesis

Committee Member for Nazeeha Jawahir

University of Kentucky, Gains Center for the

Humanities

2007 – 2012 Daily clinical supervision of residents and medical students on the psychiatric consult-liaison service

University of Kentucky, Department of Psychiatry

2007 – Present Weekly supervision of residents in psychotherapy

University of Kentucky, Department of Psychiatry

2007 – Present Psychiatric Residency Program Didactic Lectures

University of Kentucky, Department of Psychiatry

Lectures and conference

2015 – Present Lexington Psychoanalytic Study Group, Co-founder

ADMINISTRATIVE ACTIVITIES:

2007 – 2008 Hospital Throughput Committee

University of Kentucky Chandler Medical Center

2008 – 2009 University of Kentucky and Eastern State Hospital

Operations Committee

2005 – 2012 Resident Education and Curriculum Committee

University of Kentucky, Department of Psychiatry

2012 – 2015 Library Committee

Cincinnati Psychoanalytic Institute

2008 – Present Hospital Bioethics and Patient Rights

University of Kentucky Chandler Medical Center

2013 – Present Candidate Council Representative

American Psychoanalytic Association

AWARDS AND HONORS:

1999 Wright Recruitment Scholarship,

University of Kentucky College of Medicine

2005 Pittsburgh Schizophrenia Conference Travel

Award, University of Pittsburgh

2005 Medical Student Teaching Award,

University of Kentucky, Dept of Psychiatry

2005 Medical Student Teaching Award, University of Kentucky College of Medicine

2006, 2007 Arnold Ludwig Award for the Outstanding Resident Scholar, University of Kentucky, Psychiatry

2007 Abraham Wikler Outstanding Resident Award

University of Kentucky, Psychiatry

2007 American Psychoanalytic Association Fellow, American Psychoanalytic Association

2008 Clinical Clerkship Teaching Award,

University of Kentucky College of Medicine

2009 College of Medicine Master Educator Seminar Series

2009 Abraham Flexner Master Educator Award

University of Kentucky College of Medicine

PROFESSIONAL ACTIVITY AND PUBLIC SERVICE:

Editorial Responsibilities:

2012 - 2015 Reviewer, Academic Psychiatry

Professional Organizations:

2008 – 2009 Academy of Psychosomatic Medicine

2004 – 2012 Association for the Advancement of Philosophy and Psychiatry

2003 – Present American Psychiatric Association

2003 – Present American Psychoanalytic Association

2008 – Present International Psychoanalytic Association

2010 – Present American Academy of Psychoanalysis and

Dynamic Psychiatry

PRESENTATIONS AND SPEAKING ENGAGEMENTS:

Institutional/Regional:

Tuttle, J., Scheurich, N. Affective States and the Creative Impetus. Department of

Psychiatry Peer Review, University of Kentucky College of Medicine, Lexington,

KY, December 2004.

Tuttle, J. National Alliance for the Mentally Ill. Latent Images: A Photographic Exploration of Mental Illness (Photography Installation). Lexington Public Library. October 2-31, 2006

Tuttle, J. Adult ADHD and Stimulant Abuse Among Medical Students. Grand Rounds. University of Kentucky, Department of Psychiatry. Lexington, KY. April 25, 2007.

Dosh, T., Tuttle, J. Surgical Psychiatry. Peer Review. University of Kentucky, Department of Psychiatry. September 19, 2007.

Seynnaeve, K., Tuttle, J. Major Depression With Psychotic Features in Atypical Presentation. Peer Review. University of Kentucky, Department of Psychiatry. October 10, 2007.

Tuttle, J. Anxiety Disorders in the Medically Ill. Noon Conference. University of Kentucky, Department of Internal Medicine. December 11, 2007.

Forester, E., Tuttle, J. Factitious Disorders. Peer Review. University of Kentucky, Department of Psychiatry. February 20, 2008.

Tuttle, J. Forced Electroconvulsive Therapy: A Threat to Individual Liberty? Grand Rounds. University of Kentucky, Department of Psychiatry. March 12, 2008.

Tuttle, J. HIV and AIDS Psychiatry: The Struggle to Identify Depression. Kentucky AIDS Education Center Conference. Lexington, KY. May 22, 2008.

Wise, C., Tuttle, J. More Than Meets the Eye. Peer Review. University of Kentucky, Department of Psychiatry. September 17, 2008.

Tuttle, J. Transference and Countertransference: The language of the therapeutic relationship. Psychiatric Issues in Pastoral Care Conference, Lexington Theological Seminary, Lexington, KY. October 20, 2008.

Tuttle, J. Ethical Issues in Involuntary Electroconvulsive Therapy: Capacity and Consent. University of Kentucky Bioethics Lecture Series. Lexington, KY. February 10, 2009.

Tuttle, J. Psychotherapy and Transference in the 30 Minute Appointment. 5th Annual Forging the Future in Psychiatry and Mental Health Conference, Louisville, KY. March 5 – 6, 2009.

Rayapati, A., Tuttle, J. Huntington’s Disease: A Tendency to Insanity. Peer Review. University of Kentucky, Department of Psychiatry. September 16, 2009.

Tuttle, J. Depression: Understanding the Diagnosis. Noon Conference. University of Kentucky, Department of Internal Medicine. November 3, 2009.

Yung, P., Tuttle, J. Dissociative Identity Disorder: A Woman with an Appetite for Flatware. Peer Review. University of Kentucky, Department of Psychiatry. October 21, 2009.

Tuttle, J. Depression and Mood Disorders. Community presentation and discussion. First Presbyterian Church, Lexington, KY. January 20, 2010.

Tuttle, J. Life and Death Issues. Community presentation and discussion. First Presbyterian Church, Lexington, KY. February 3, 2010.

Jacobson, L., Tuttle, J. Delight and Distaste: Thoughts on a Labile Countertransference. Peer Review. University of Kentucky, Department of Psychiatry. January 18, 2012.

Tuttle, J. Decision Making Capacity: The Role of a Psychiatric Assessment. University of Kentucky Bioethics Grand Rounds. Lexington, KY. April 16, 2013.

Gnanasambanthan, Y., Tuttle, J. Psychodynamic Formulation. Peer Review. University of Kentucky, Department of Psychiatry. February 26, 2014.

Tuttle, J. Nonsexual Boundary Violations. NICU Bioethics Seminar. University of Kentucky, Department of Pediatrics. October 30, 2014.

Tuttle, J. The Use of Fairy Tales in Psychodynamic Psychotherapy. Lexington Psychoanalytic Study Group. April 9, 2016

Tuttle, J. A Mind in Motion: Fundamental Concepts of Psychodynamic Psychotherapy. Kentucky Society for Clinical Social Work. June 9, 2016.

Tuttle, J., Katz, D. Using Psychodynamic Ideas in Clinical Practice. Kentucky Society for Clinical Social Work. December 9, 2016.

National:

Tuttle, J. The Physician as Patient. Southern Medical Association Scientific Assembly, San Antonio, Tx, November 10-12, 2005.

Tuttle, J. Prevalence and Attitudes Concerning ADHD Diagnosis and Use of Stimulant Medications in Medical Students. 2007 APA Annual Meeting, San Diego, CA, May 23, 2007.

Levy-Warren, M. Bettman, J. Tuttle, J. Case Discussion: Extra Therapeutic Contact. 2008 American Psychoanalytic Association Annual Winter Meeting, New York, NY, January 17, 2008.

Lofwall, M., Nuzzo, P.A., Tuttle, J., and Walsh, S.L. Effects of cold pressor pain on cortisol stress response and abuse liability of intranasal Oxycontin in non-dependent prescription opioid abusers. Poster presentation at the Annual Meeting of the College on Problems of Drug Dependence, San Juan, Puerto Rico, June 17, 2008.

RESEARCH AND SCHOLARSHIP:

Grants:

2009 – 2010 NIDA R01 DA027068-01, Efficacy of Extended

Release Tramadol for Treating Prescription Opioid

Withdrawal

PI: Lofwall, M.

Co-investigator, 2.5% effort

2009 – 2010 NIDA R01 DA025649-01, Neuropharmacology of

Tramadol: Clinical Efficacy and Abuse Potential PI: Stoops W.

Co-investigator, 5% effort

2009 – 2010 NIDA R01 DA027031-01, New Neural Targets for

Opioid Use Disorders: Human Studies PI: Walsh S.

Co-investigator, 2.5% effort

2007 – 2010 NIDA RO1 DA016718, Licit and Illicit Opioids:

Comparative Studies in Humans,

PI: Walsh S.L.

Co-investigator, 5% effort

2007 – 2010 NIDA R01 DA019433-01, Evaluation of Novel

Treatments for Stimulant Dependence PI: Walsh S.L.

Co-investigator, 5% effort

Publications:

Tuttle, J. Moving Beyond ‘Unarticulated Suffering’. *Clinical Psychiatry News*. Sept 2005. 33(9) 14-15.

Tuttle, J. The Physician’s Disease: The Impact of Medical Knowledge on Personal Illness. *Supportive and Palliative Care*. March 2007. 5(1) 71-76.

Calabrese, C., Sciolla, A., Zisook, S., Bitner, R., Tuttle, J., Dunn, L. Psychiatry Residents, Views of Quality of Psychotherapy Training and Psychotherapy Competencies: A Multi-site Survey. *Academic Psychiatry*. January-February 2009. 34(1) 13-20.

Tuttle, J. and Miller, T. W. 2009. Processing Stressful Life Events Through Transference in Trauma. P. Heidenreich and I. Pruter, Eds. *Handbook of Stress: Causes Effects and Control*. Hauppauge, NY: Nova Science Publishers, Inc.

Tuttle, J., Ranseen, J., Scheurich, N. Prevalence of ADHD Diagnosis and Nonmedical Prescription Stimulant Use in Medical Students. *Academic Psychiatry*. May-June 2010. 34(3) 220-223.

Katz, D., Tuttle, J., Housman, B. Psychiatry Residents and Dynamic Psychiatry: Two Narratives, A Survey and Some Ideas to Enhance Recruitment. J Am Acad Psychoanalysis and Dynamic Psychiatry. 2011. 39(1) 133 – 149.

Tuttle, J. State insurer sets hurdles to mental health care. Oped. Lexington Herald-Leader. April 18, 2011.

Revised: 3/18